

Tattoo Aftercare with Saniderm

- ❖ Leave your saniderm on for at least **4-6 days**. During this time your tattoo is going to weep & the bandage is going to fill up with body fluids called plasma. This plasma will also mix with excess pigment & create a murky colored fluid that will most likely cover your tattoo. This is completely normal so don't panic! Your bandage is also breathable & water proof so there is no need to worry about it getting wet during showers.
- ❖ **NEVER touch your tattoo unless you have clean hands.** Germs & bacteria are everywhere & a healing tattoo needs to be properly cared for.
- ❖ When you are ready to remove the saniderm it is best to do this in the shower. Place your tattoo under lukewarm water & slowly remove the bandage carefully. (dead skin may or may not come off with the saniderm so don't be alarmed if this happens.) Avoid taking off the bandage DRY. Immediately wash your tattoo with antibacterial soap (GOLD DIAL) & your hand. Do not use any other washes or soaps. Gently massage the tattoo & build up a good sud & make sure it's not slimy. **NEVER USE A RAG OR LOOFA or anything but your hand to wash the tattoo!!**
- ❖ Rinse the tattoo well & pat dry with a clean paper towel.
- ❖ Apply a small amount of unscented lotion to the tattoo. (brands such as aveno or jergens are recommended) **NEVER** use any OILS, ANTI-ITCH CREAMS, HEALING CREAMS, NEOSPORIN, AQUAPHOR, A&D, ECT.... the saniderm removes the need for healing ointments.
- ❖ Repeat the washing & lotion steps **twice a day** until your tattoo is healed. If your tattoo appears dry in between washes apply lotion as needed.
- ❖ **DO NOT** wrap or re-bandage the tattoo once the saniderm is removed!
- ❖ **If you have a reaction to the saniderm please reach out to your artist.** If it comes off before the 4-6 days & exposes the tattoo please contact your artist for further healing instructions.
- ❖ Your tattoo may still peel, flake, or itch. Be sure **NOT** to pick or scratch the tattoo as that may damage the new skin, & NO anti-itch creams.
- ❖ **NO submerging in water** (no bath, pools, hot tubs OR ANY BODIES OF WATER! Showers only!) as well as **no sun exposure or tanning beds.**
- ❖ Avoid working out, gyms, or **excessive sweating** while the tattoo heals.
- ❖ Try to wear loose **breathable clothing** during healing & avoid clothing/bedding sticking to it if possible. Extra care & precautions needs to be considered for high movement areas.
- ❖ If you have any other questions or concerns please contact your artist